

# Coláiste na hInse

## Extra-Curricular Policy

### VISION STATEMENT

‘Our vision for Coláiste na hInse is an outstanding progressive centre of teaching and learning, where the three cornerstones of our school bród (pride), uailmhian (ambition) and dearfach (positivity) are lived daily allowing personal growth and wellbeing and empowering us to aimigh ar realt eolais through positive relationships, respect, inclusivity, and encouragement’.

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#### 1. RATIONALE

The leadership team, múinteoirí, daltaí and tuismitheoirí of Coláiste na hInse recognise the important role that extra-curricular plays in the holistic development and wellbeing of daltaí.

#### 2. RELATION TO VISION

As part of our vision for Coláiste na hInse, our daltaí are supported to ‘aimigh ar realt eolais.’ Extra-curricular activities are an integral and very important aspect of this.

#### 3. AIMS OF THE POLICY

This policy aims to:

- To outline the purpose of extra-curricular activities
- To outline the responsibilities of daltaí, in relation to participating/ representing the Coláiste in extra-curricular activities

#### 4. POLICY CONTENT

##### Introduction

Extra-curricular activities play an essential role in the holistic development of students here in CNI. These activities provide opportunities for personal growth, leadership, teamwork, and community engagement. To ensure that our students continue to represent the school in the best possible light, a set of guidelines and expectations for participation in extracurricular activities

has been established. This policy is to be read in conjunction with LMETB's school activities and trips policy (available on the school's website).

### **Purpose**

The purpose of this policy is to set clear expectations and guidelines for students who wish to engage in extra-curricular activities, ensuring that all involved maintain a high standard of behaviour and commitment.

### **Responsibilities of Students**

Students wishing to participate in extracurricular activities must adhere to the following general principles:

- **Commitment to Excellence:** All students involved in extracurricular activities should aim to display excellent standards of behaviour, work ethic, and punctuality. Representing the school requires a sense of responsibility and bród (pride).
- **Respect and Sportsmanship:** Students are expected to uphold the school's core values of Bród, Uaillmhian and Dearfach, along with sportsmanship always, both in practice sessions and at competitions or events.

To maintain a positive image of CNI both within the school and in the community, students must follow these behavioural expectations:

- **Behaviour in Class and School Grounds:** Participation in extra-curricular activities is a privilege. Students must consistently display respectful behaviour in class and on school grounds. Persistent poor behaviour or breaches of the school's code of conduct may result in suspension from extracurricular activities.
- **Exemplary Conduct:** Students are expected to act in a manner that always reflects the values of the school. This includes respectful interactions with teachers, staff, peers, match officials, and opponents, both at school and during off-site events.

To maintain fairness and ensure proper representation, only students who meet the following criteria will be eligible to attend games and competitions:

- **Panel Members Only:** Only students who are selected and listed as official members of the extracurricular activity panel/team are eligible to travel and participate in games or competitions.
- **Selection Process:** Selection for teams or panels will be based on a combination of performance, commitment, and attitude, as determined by the coaches and relevant staff members.

- **Sport Council members/ Media Team:** Only students who have been selected for the sports council/ media team can carry out these duties.
- **No Exceptions:** Students who are not officially selected for the panel/team and are not part of the sports council/media teams are not permitted to attend games or events.

Students must wear the appropriate school uniform or PE uniform for all extra-curricular activities. This includes:

- **Uniforms and Gear:** For sports teams or other specific activities, students must wear the designated school uniform or PE uniform. Students who fail to wear the appropriate gear may not be allowed to participate.
- **Personal Equipment:** Students must ensure they bring any personal equipment necessary for the activity, such as protective gear or specific instruments and that these are in good condition.

Students attending extra-curricular activities during class time must make every effort to catch up on the missed classwork.

- **Classwork and Homework:** students away at extra-curricular events during class time, must contact a member of their class group for information on homework assigned.

## Roles and Responsibilities

1. The Board of Management will approve the policy and ensure its development and evaluation.
2. The principal will be responsible for dissemination of the policy.

## 5. Review and Evaluation

The effectiveness of this policy will be monitored by the principal in consultation with all school stakeholders. This policy will be reviewed every two years or as needs dictate during the academic year.

### Ratification of Policy:

This policy was ratified by the Board of Management on:

Signed: Wayne Hooding  
(Chairperson of Board of Management)

Signed: [Signature]  
(Principal – Secretary to the Board)

27/1/2026

Date: 27/1/2026

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