

6ú Guidance & Counselling Newsletter

Aoife Tiernan, Claire Doyle & Sam Russell

Atiernan.cni@lmetb.ie Cdoyle.cni@lmetb.ie Sruscell.cni@lmetb.ie

Updates

A chairde, we wanted to take this opportunity to thank you for your continued support and to update you on all things careers for our 6ú daltaí



6ú Careers Service

Each Rang group has now completed a Guidance module with a guidance counsellor. We have covered Pathways to Higher Education, CAO, PLC, HEAR/DARE, Apprenticeships, SUSI and Scholarships

Daltaí will all have one to one meetings with their Guidance Counsellor to discuss and plan the next steps after the Leaving Certificate.

College Talks & Higher Options

In September we attended Higher Options. This was a unique opportunity for the daltaí to speak to representative from third level institutions from Ireland, the UK, Europe and further afield. There was a range of careers talks on the day and it was a great day of career planning

We have had a great range of universities, colleges and apprenticeship providers visit the 6ú daltaí for information talks this year

- Ulster University
- UCD
- DIFE
- O'FIACH
- DKIT
- ESB Apprenticeships
- National College of Ireland
- Maynooth University
- TU Dublin
- Dunboyne College of Further Education

CAO

Students who wish to apply for third level colleges in Ireland must apply to CAO- Central Applications Office (www.CAO.ie). Early application to CAO by January 20th at 5pm for a discount fee of €30, otherwise application must be with CAO by February 1st by 5pm. **Restricted entry** courses (courses that have an additional component e.g. audition, aptitude test etc.) must be on CAO application by February 1st.

CAO Change of Mind facility will be open from May 7th to July 1st at 5pm – the list on July 1st is the student's final choice. **Restricted entry** courses cannot be introduced at Change of Mind stage!

It is very important that daltaí ensure they meet the entry requirements for the courses on their CAO application!

UCAS

Students who wish to apply to third level colleges in the UK & NI must apply to UCAS- University & College Admissions Service (www.UCAS.com) deadline 31st

<p>PLC</p>	<p>January . This is a lengthy process and daltaí must complete a personal statement, get a reference and predicted grades</p> <p>Most PLC colleges are now open for application and this can be done directly through the college website</p> <p>Students who do a PLC apply through the CAO for a place in an Institute of Technology (IT) or University in 2025. Many of the CAO courses are linked to PLC courses. Students are strongly advised to check that the PLC course links to the IT or University course in which they are interested.</p>
<p>Apprenticeships</p>	<p>ITs and University have a number of places for QQI Level 5 applicants. Competition is high so hard work is necessary to achieve the highest grades possible. They are then competing with other QQI Level 5 CAO applicants and not with Leaving Cert applicants.</p> <p>https://apprenticeship.ie Generation Apprenticeship is an essential resource for any daltaí looking to secure an apprenticeship</p>
<p>HEAR/DARE</p>	<p>We will be running HEAR/DARE clinics for daltaí after the Christmas break. This is to support daltaí applying, complete the educational impact statement and stamp necessary documents</p>
<p>Careers Clinic</p>	<p>Careers Clinic runs every Thursday lunchtime in B15. This is a great opportunity to link with the guidance counsellors and/or complete careers research</p>
<p>Resources</p>	<p>Our Guidance TEAMS is regularly updated with information on applications, open days, study skills and much more</p> <p>Instagram @CNICareers</p>
<p>6ú Careers Information Evening</p>	<p>On 16th November we hosted our parents information night. We kicked off the night with a careers fair for the 5ú and 6ú daltaí which was a great success. The higher education institutes were full of praise for how well researched and polite our daltaí were</p>

Please get in touch if we can assist in any way. Wishing you all a restful Christmas break.